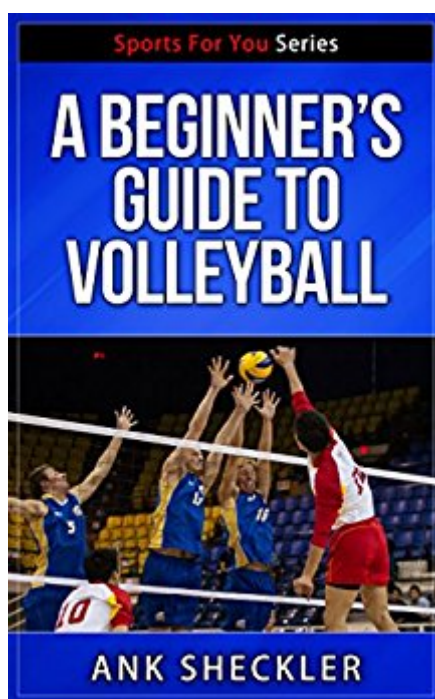


The book was found

Volleyball: A Beginner's Guide To Volleyball: Get Started Playing And Winning At Volleyball! (Sports For You Series Book 7)



Synopsis

The game of volleyball has come a very long way over the last hundred years, a sport that has been played by millions of people worldwide. Volleyball is a fun filled sport that is full of excitement and exhilaration, a game that you will be able to play now and in the future and may become a very addicting and meaningful part of your life. In this guide we will discuss the history of volleyball, common terms that are used in the sport, volleyball drills, techniques, and the rules of the game. Although it may look relatively easy, it's actually a sport that requires quite a bit of personal skill, dexterity and speed. If you do decide to play, you can use the many different volleyball skills and techniques that we have provided in this manual to practice either on your own, or join a team in your area so that you can start to play. By using your new skills, especially in conjunction with a team that you will be playing with, you will help them to have an advantage by becoming a very proficient player, somebody that will be a valuable asset on whatever team you decide to play with. There are many different ways that you can make an impact with volleyball, with each name designating a particular type of shot. Although the two basic shots include bumping the ball up with either a closed fist, or bumping the ball with your fingers, there are different words that are described for each type of shot that can be made by a volleyball player. There are quite a few terms that are used and we will only present the ones that are most common or the most interesting. The offense and defense of the volleyball teams changes with each pass of the ball over the net. The goal of the players that have control of the ball, for the three hits that are allowed, is to create a set at the net for a spike or winning shot. Defensive play involves making sure that the attacker at the net is not able to spike the ball onto the court. The goal is to net jump, reaching as high as possible to block shots that are coming over, as well as control the ball if it gets past players at the net by preventing it from touching the ground. If you enjoy sports like tennis (games that have a net where the ball goes back and forth) this is definitely a game for you. Whether you decide to play this sport, or if you are just interested in the rules of the game, this book "A Beginner's Guide To Volleyball" will certainly set you on the path to knowing exactly what you need to do to become an exceptional player.

Book Information

File Size: 840 KB

Print Length: 36 pages

Simultaneous Device Usage: Unlimited

Publisher: Shaharm Publications (June 28, 2015)

Publication Date: June 28, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B010M9CTM0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #593,140 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #27

in Kindle Store > Kindle eBooks > Nonfiction > Sports > Other Team Sports > Volleyball #69

in Books > Sports & Outdoors > Other Team Sports > Volleyball #174 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Miscellaneous > Reference

[Download to continue reading...](#)

Volleyball: A Beginner's Guide To Volleyball: Get Started Playing And Winning At Volleyball! (Sports For You Series Book 7) Basketball: Basketball Made Easy: Beginner and Expert Strategies For Becoming A Better Basketball Player (Playing Basketball Conditioning Shooting Drills ... Winning Tactics Sports Reference Guide) Sports Betting: Tools, Strategies, and Principles Behind Winning Sport Predictions: Sports Investing and Making Money in NBA, NFL, NCAA, Football and Basketball ... Sports Wagering, NFL Betting, NBA Betting) Essays That Will Get You into Medical School (Essays That Will Get You Into...Series) [Second Edition] (Barron's Essays That Will Get You Into Medical School) 101+ Volleyball Tips: How to Get Recruited for College Volleyball How to Play Lacrosse: Learn How You Can Quickly & Easily Master Playing Lacrosse The Right Way Even If You're a Beginner, This New & Simple to Follow Guide Teaches You How Without Failing The Daily Fantasy Playbook (2015): Get Started and Make Money Playing Daily Fantasy Football Sports Betting for Beginners: How To Read The Sports Odds So You Can Turn A Few Dollars Into Big Winnings With Sports Betting! Blackjack Strategy: Winning at Blackjack: Tips and Strategies for Winning and Dominating at the Casino (Blackjack, Counting Cards, Blackjack Winning, Good at Blackjack, Black Jack, Card Counting) Olympic Sports - When and How? : History of Olympic Sports Then, Now And Beyond: Olympic Books for Kids (Children's Olympic Sports Books) Sports Illustrated Almanac 2015 (Sports Illustrated Sports Almanac) Get Addicted to the Word: A step-by-step blueprint for Christians who want to study the Bible but can't get started and stick with it. How to Get Abs: More Fantastic Exercises That Will Help You Flatten Your Stomach and Reveal

Those Sexy Abs (Health, Flat Abs, How to Get Abs, How to Get Abs Fast Book 2) Getting Started Making Metal Jewelry (Getting Started series) How You Can Turn \$100 Into \$30,000 In 60 Days Playing Craps (Casino Games Strategies : A Solid Winning Craps Strategy) Getting Started with Geese (Getting Started with... Book 4) Raspberry Pi: 101 Beginners Guide: The Definitive Step by Step guide for what you need to know to get started (Raspberry Pi, Raspberry, Single Board Computers, ... Pi Programming, Raspberry Pi Projects) Raspberry Pi 2: 101 Beginners Guide: The Definitive Step by Step guide for what you need to know to get started Raspberry Pi 2: 101 Beginners Guide: The Definitive Step by Step guide for what you need to know to get started (Raspberry Pi 2, Raspberry, Single Board ... Pi Programming, Raspberry Pi Projects) The Volleyball Mom's Manual: What SportsMom Thinks You'd Like to Know (SportsMom sports manual)

[Dmca](#)